

## OUTSIDE THE GATES.

### Why Waste Women's Skill?

The first case of a woman in the War Office being allowed to retain her post after marriage has occurred in the Research Department, Woolwich, where Mrs. M. E. Farrar, employed there as a scientific officer, has been granted permission to continue in her post.

In this time of stress the Government is appealing daily for the help of more and more women in nearly every sphere of life, and of course they are responding splendidly.

### A Magnificent Benefactor.

Florence E. Wearing, of Wimbledon, S.W., formerly of Zetland House, Cheniston Gardens, Kensington, who died last June, left £76,553.

Subject to a legacy of £100 for carrying out certain funeral directions she left the whole of her estate to Dr. Barnardo's Homes, in memory of her parents.

She directed that any animals belonging to her at the time of her death should be painlessly destroyed.

The dear animals enjoy their innocent lives. Would it not have been possible to have left their care to some of the kind people who devote themselves to the well-being of children at the beautiful Homes? We hope these fortunate little ones are encouraged to love and look after animals. Nothing is more elevating to humans than responsibility for the happiness of animals.

We recently missed a dear horse which we met almost daily in the Dean's Yard near by, which had been cheerfully serving humanity for 32 years. To enquiries now at the wheel, the reply of its driver was significant: "Him and me was brothers—he won't never be forgotten."

### The Roman Ritual for Animals.

Show dogs and pet mongrels were recently blessed by the Rev. Bernard Whelan, Rector of the Roman Catholic Church of St. Thomas More, Swiss Cottage, London.

Standing in the gateway of the church, he sprinkled holy water over the dogs.

Father Whelan gave a benediction in Latin, and then in English asked the people to pray.

The dogs stood quietly during the ceremony, which had been arranged for the feast of St. Roche, patron saint of dogs.

Father Whelan said it was not a religious service, but a blessing of a nature found in the Roman ritual for animals.

### Burgomaster Max Wires Lord Mayor.

Burgomaster Max, of Brussels, who defied the Germans throughout the time they occupied this city in the last war, has telegraphed to the Lord Mayor of London:—

**"When Great Britain, faithful to its promise, faithfully faces the trials of war, I express to you, to the members of the corporation of your City and to the population of London my feelings of the most enthusiastic comradeship.—Adolphine Max."**

The Lord Mayor has replied:—

**"It is with heartfelt gratitude that I reply to your telegram. The citizens of London never forget the great ties uniting our city and yours, and will ever remember your generous sentiments at this time.—Frank Bowater, Lord Mayor."**

Thus the magnificent Hôtel de Ville at Brussels stands in its pride to this day, and never were the members of the International Council of Nurses more greatly honoured than when they were received by Burgomaster Max in this historic building in 1933.

## RECEIVED FOR REVIEW.

"Hospital Organisation and Management." By Capt. J. E. Stone, Consultant on Hospital Finance, King Edward's Hospital Fund for London, Secretary, Birmingham Hospitals Centre, 1919-39. With an introduction by The Hon. Sir Arthur Stanley, C.B.E., M.V.O. Third edition. 31s. 6d. net. Faber & Faber.

"A Complete System of Nursing." Fully illustrated, with many practical diagrams. By A. Millicent Ashdown, S.R.N. J. M. Dent & Sons, Ltd. 12s. 6d. net.

"Tropical Hygiene and Sanitation." By H. Jordan, S.A. Sanitary Institute. One of a series of handbooks written for the Instruction of African Nurses, Dispensers and Health Orderlies. Baillière, Tindall and Cox, 7 and 8, Henrietta Street, W.C.2. 5s.

"Diagnosis in Treatment of Diseases of the Tropics." By H. C. Trowell, M.D., M.R.C.P., London. Lecturer in Medicine, Uganda Medical School. Baillière, Tindall and Cox, 7 and 8, Henrietta Street, W.C.2. 2s. 6d.

"Why Not Now?" A British Islander's Dream. By Arthur St. John, with Introductory Note by Dugald Semple. The C. W. Daniel Co., Ltd., 40, Gt. Russell Street, London, W.C.1.

"Those who are interested in the reconstruction of human society on a basis of spiritual principles will welcome this new book by the late Captain Arthur St. John."

## WHAT TO READ.

### MEMOIRS AND BIOGRAPHY.

"The Life of Sir Edward Clarke." Derek Walker-Smith and Edward Clarke.

"Caroline of Ansbach." R. L. Arkell.

### FICTION.

"Rain Upon Godshill." J. B. Priestley.

"Gentleman of Stratford." John Brophy.

"Farewell, Night; Welcome, Day." Storm Jameson.

"The Blind Side." Patricia Wentworth.

"The Piper in the Wind." Anne Hepple.

### MISCELLANEOUS.

"The Dear Monster." G. R. Halkett.

"Poland, Key to Europe." R. L. Buell.

## THE CARE OF THE FEET.

In the coming overwork, which is inevitable, and which no real nurse will grudge, we advise them to take care of their feet. Sensible ward shoes, careful bathing and a little massage before retiring to bed work wonders. We recommend enquiry concerning footwear from J. H. Bounds, Stethos House, 68, Sackville Street, Manchester. Stethos shoes have been specially designed for wear on long hours on duty. Also every nurse should have the address of a highly skilled chiropodist.

## EPHEDRINE.

Ephedrine, a drug used for asthmatic and for gonorrhoeal conditions, is obtained from a plant, Ephedra, native to China and Spain. Its alkaloid is ephedrine. A synthetic production has been attempted as the wars in both these countries has reduced very greatly the quantity obtainable. Not only has it been destroyed, but the plant could not be collected nor transported. The cost of the synthetic production was almost prohibitive. Recently, the herb has been found in India, but the valuable alkaloid yield is low in comparison to that of the Chinese variety.

Experiments in growing Ephedra have been started in Kenya, and the plants were sent from those wonderful gardens at Kew. It is the claim of the Kew Gardens authorities that every plant in the world is cultivated by them.—Una.

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